

Jeepers Peepers

Synonyms

Scary Screemies

Introduction

This warm-up is designed to try and get us all in synch. Lets get into a tight circle.

Description

Everyone looks down at the ground, not making eye contact with anyone else. The group all counts to three, and on a count of three everyone looks up at once. Each player in the circle is responsible for making a strong choice, and they must either look to their left, their right, or directly across the circle. If players make eye contact, both scream and step out of the circle. This activity is continued until all are out of the circle.

Gimmicks

None

Variations

None

Credits

Seattle Theatresports

Source

www.learnimprov.com -- Visit the site to see example videos and other resources.